



The new coronavirus, SARS-CoV-2, pandemic and the resulting illness known as COVID-19, has required many changes in social norms, to slow the spread of the virus, such as “physical distancing”, “shelter-in-place”, and the suspension of many activities deemed “non-essential”.

**Nova Métis Heritage Association** wants to help where and how we can, to alleviate some of the burden caused by these new social measures to slow the spread of the coronavirus.

*If you require immediate guidance or health information, please call “811” BC Health Line.*

*Also, you may call the **Métis Crisis Line at 1-833-METIS-BC (1-833-638-4722)***

**Please fill out this support survey form** and return to Nova Métis at your earliest convenience. All questions are optional, except your name, and at least one method of contact information.

\*Last Name: \_\_\_\_\_ \*Given Names: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Street Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Questions:**

1. Do you need help with getting essential items, such as food, domestic supplies, prescription medication, etc, please explain? \_\_\_\_\_  
\_\_\_\_\_
2. Are there costs, bills, or living expenses you are struggling to pay? \_\_\_\_\_  
\_\_\_\_\_
3. Are you struggling with any health issues, and do not have anyone to support you? \_\_\_\_\_  
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4. Are you feeling isolated or some added anxiety, and want others to talk with? \_\_\_\_\_  
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**Additional Comments or Details of Your Specific Support Needs – How can we help?**

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